Name:	
Date of Birth:	Age:
Address + Postcode	
<u>Address + Postcode</u>	
Telephone (s):	<u>email:</u>
In case of emergency contact: Name:	
Telephone:	Relationship:

GP Surgery:

Summary of reasons you are coming for treatment/ Current Complaints (If not enough room here add another sheet/email info to me)

Medical History. Please list Injuries and Operations you've sustained through your life, and general health complaints you have.

Injury/ Operation/ Health Complaints/ Anything else relevant + Date/when it happened

<u>Cautions and Contraindications: Do you have or have you ever had:</u> Please circle any conditions and state how long ago (ie 5 years/ 6 months/ current)

Fainting Skin Disorders Phlebitis Bursitis Arthritis Varicose veins Undiagnoses lumps Medically weak skin/ bones Verucca Contagious skin complaints Inflammatory skin complaints Trapped Nerve/ nerve compression Slipped Disk Cancer Cardiovascular Disease or heart problems Diabetes Epilepsy Nervous System Disorder Lymph node removal Autoimmune Disorder DVT HIV & Aids Hepatitis Haemophilia/ Blood clotting or bleeding disorders Pacemaker Immunity reduced On anti-coagulant medication

High Blood Pressure Low Blood Pressure Asthma Allergies Recent Operations Undiagnosed pain/ pain I have not visited my GP about yet. Currently pregnant/ trying to get pregnant Other:

Lifestyle
Occupation:
Sports Played/ activities:
Fluid Intake: Poor/ Medium/ Good
Nutrition & Diet: Poor/ Medium/ Good
Stress Levels: Low/ Average/ high
Ability to Sleep: Poor/ Average/ Good
Energy Levels: Poor/ Medium/ Good
Prescribed Medication you are taking:
Vitamins, minerals or supplements you are taking:
Other therapies you receive/ have received (ie Chiropractic, Physiotherapy, CBT)

Family Medical History- parents, grandparents, siblings . Please record any significant ailments you are aware of

Any other information?

Yes please I'd love to receive your newsletters with musings, important updates, and tips!

Yes please [] No thankyou []

Have you had Massage before? Yes/ No

- If you are poorly, please contact me to discuss.

Have you had Acupuncture before? Yes/No

- Other reasons for cancellation/ rescheduling: you will be charged the full fee if you cancel or reschedule for another reason within 72 hours of your appointment. Please appreciate it's difficult for me to fill a space cancelled less than 5 working days ahead - Please respect your booking in the same way you would endeavour to keep an NHS consultant booking.

Cancellation/ Rescheduling Policy

Information about treatment

Acupuncture is a form of therapy in which fine needles are inserted into specific points of the body. All needles are sterilised and single use only. This means that risk of infection is minimal.

Occasionally symptoms may worsen temporarily, however this is usually a good sign. Your aftercare sheet provides more information about reactions to treatment.

Massage therapy uses hands on techniques to optimise the health of soft tissue.

Side effects for both massage and acupuncture may include drowsiness, minor bruising, or fainting but these are generally rare. Other complications may be temporary pain around the acupuncture site or massage site.

Please raise any concerns about any aspect of your treatment with me.

Declaration

I declare that the information I have provided on this registration form is correct to the best of my knowledge and hereby give consent for acupuncture and/ or massage to be carried out by Danielle Croft. I understand I can withdraw my consent to receive treatment any time I want the treatment to stop.

I confirm that I have read and understood the 'Information about Treatment' box above and the Aftercare Sheet. I give consent to the practitioner to retain the details provided on this form plus consultation and treatment information for a period of 7 years from my last treatment.

Client sign and date:

Practitioner sign and date:

Where patient is under 18 years old, details and consent of parent or guardian Name: Address:

Telephone (s)

Relationship to patient: Proof of ID provided? Y/N

Parent/guardian to sign and date:

Practitioner to sign and date:

Practitioner notes

Danielle Croft Acupuncture 14 Hillside Close, Banbury, OX16 9YT Telephone 07984 166762 Email hello@daniellecroft.com Web www.daniellecroft.com

Danielle Croft;

BA Traditional Acupuncture, ITEC 3 Holistic Massage, BTEC 5 Clinical Sports and Remedial Massage/ Soft Tissue Therapy. Member of the British Acupuncture Council BAcC no 958479